



Instructions: FIDDLE APRON

(Project via CWA of WA Community Co-ordinator (March 2021))

Note: if 6 months have passed since the above date, please check that this item is still required before you begin.

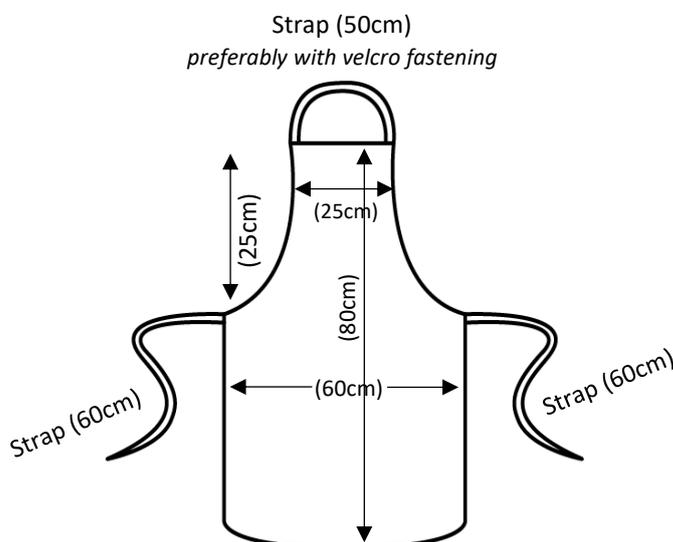
The Fiddle Apron is an alternative to the Fiddle Rug. Various colours and textures provide comfort, enjoyment and stimulation, being ideal for those in nursing homes who may suffer from dementia, nervousness, restlessness etc. The fiddle Apron is suitable for patients who can walk around. Designing a Fiddle Apron is a wonderful way to be creative and a great opportunity to use all those "bits" that have been gathering around your house!

Before starting your unique Fiddle Apron please note that:

It is vital that all added items are very securely stitched on. Especially to survive laundries.

It is vital that no pieces on the apron will damage delicate skin.

It is vital to ensure any items that could be a potential hazard are secured in a fabric bag.



Once items are stitched on to the apron, back the apron (seams inside), then stitch through both layers to stabilize fabrics.

Suggestions for suitable items (nothing sharp or too heavy please):

- Buttons- preferably large and either in bags or well attached onto the apron.
- Textured fabrics- e.g. velvet, velour, fur, flocked, satin lace.
- Zips- either with a smooth ring or loop in the slide.
- Cotton reels threaded on tape or shoe laces (ensure there are no sharp edges).
- Shoulder pads- stitched across the centre or all the way around.
- Velcro- with a ribbon loop to pull.
- Bouncy balls (not too heavy) in a bag.
- Small cat toy balls- in a fabric tube.
- Small pockets acceptable.



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