



## Instructions: TOILETRY BAGS and/or CONTENTS

(Project via CWA of WA Community Co-ordinator (March 2021))

Note: if 6 months have passed since the above date, please check that this item is still required before you begin.

**Toiletry Bags are drawstring bags which hold basic toiletry items. These bags (with contents enclosed) are given to those in need (e.g. hospitals, refuges, those within an emergency situation such as a bush fire) across Western Australia. We are grateful to receive just the bags alone, or the toiletry items alone.**

### You will need:

- 1/2 metre of cotton fabric
- 1m of ribbon or nylon cord for a drawstring
- Rotary cutter and mat (optional)
- Quilting ruler (optional)

### Instructions:

1. Using your rotary cutter, ruler and mat, cut two pieces of fabric, 15 inches wide and 17 inches long.
2. Using your overlocker (serger) or a zig zag stitch on your regular machine, sew along the top edge of your two fabric pieces. This will reduce fray as the bags will be washed often.
3. Place right sides together and stitch all the way around the 2 sides and the bottom of the bag. Leave a 2" opening in the top right corner. You can see in the below picture I've marked it with a pin.
4. Using your overlocker or zig zag stitch, finish the seams you've just sewn.
5. Turn the bag right sides out.
6. Where the gap is in your top right seam, gently finger press the raw edges under and stitch them down. this will form the loop at the top where your drawstring will enter and exit the bag.
7. Turn the bag inside out again so right sides are together.
8. Make the casing for the drawstring by folding the top of the bag over. Give it a press so that the gap in your top right seam is folded in half. Sew the casing down along the edge where your overlocked / zig zagged stitches are.
9. Use a safety pin to easily thread the ribbon through the casing.
10. Turn your bag out. Trim your ribbon and tie a knot. Snip any stray threads.

**Please note: Other types of toiletry bags, or bags that mimic a toiletry bag (such as a travel pouch with zip) will be accepted. Please ensure these aren't damaged or soiled.**

### Accepted toiletry items (either travel-size or full size is great)

- |                     |                             |
|---------------------|-----------------------------|
| ▪ Toothbrush        | ▪ Comb or small brush       |
| ▪ Toothpaste        | ▪ Deodorant                 |
| ▪ Shampoo           | ▪ Pocket mirror             |
| ▪ Conditioner       | ▪ Bar of soap               |
| ▪ Lip balm          | ▪ Face washer cloth (small) |
| ▪ Pocket tissues    | ▪ Shower cap                |
| ▪ Disposable razors | ▪ Moisturiser               |



Example: drawstring bags, various toiletries

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